Time to Talk Next Steps Online Celebration #TtTNSCelebration



# WELCOME



# Young Evaluators and Coproducing Evaluation

Vicky Mason-Angelow, Research and Evaluation, NDTI Ikra and Ruth











### Recording





Time to Talk Next steps Celebration www.ndti.org.uk The session will be 1 hour long

- We will start with introductions
- Then we will share information about our work
- At the end we will answer questions

If we don't have time to answer your questions we will come back to you after the session with the answers.

This session will be recorded and shared with the public.

Just the presentations will be recorded.

The question time following the presentations will not be recorded however some questions may be noted down anonymously and added to the transcript for others to learn from.

The recording will be edited to our greatest ability so that there are no videos or names of participants shown when it is published to the public.

Please help us keep your personal information safe by staying on mute during the presentations.





Please put your name and your interest in this session in the chat



Put your questions in the chat or you can ask them at the end

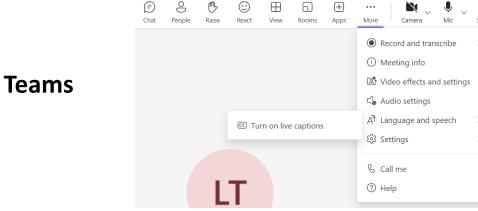


You can keep your camera on, or have it turned off – we'd love it if you can give us a wave 😳



Please keep your microphone on mute while people are presenting

If you want to turn on automatic captioning, you can do this by:







National Development Team for Inclusion (NDTi)





www.ndti.org.uk

We are a not-for-profit organisation working to enable people at risk of exclusion, due to age or disability, to live the life they choose.

Our work aims to drive inclusion by:

- enabling people's voices to be heard
- coproducing programmes & resources which celebrate what's possible
- supporting changemakers & building self-determination

<u>Time to Talk Next Steps</u> has been run by the Children and Young Peoples Team at NDTi

Other work includes and <u>Preparation for Adulthood</u> <u>Internships Work (Employment)</u>



### Time to Talk Next Steps





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contact For families

**Time to Talk Next Steps** is a rights-based support programme for young people with additional needs aged 16 – 25 and their family/carers (in England)

NDTi has run this programme in partnership with Contact, a national organization which provides support, information and advice to parents and carers (www.contact.org.uk)



The programme has run for 3 years (2021-2024) and been funded by the National Lottery Community Fund.

Young people, family/carers staff and associates are running online sessions this week to celebrate, share learning and give examples of how Time to Talk Next Steps has enabled young people and their family/carers to

- Build confidence and learn new things
- Have their voices heard
- Meet other people facing similar challenges
- Move forward in their lives





# Evaluation at NDTi

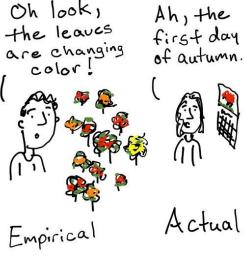


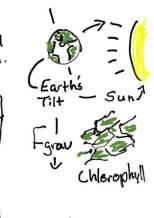
Informed by Realist Evaluation

**8** 

Useful for trying to understand complex projects and programmes

Understands that not all interventions will work for everyone in





Real

RAMESESPROJECT.ORG



What works, for who, in what context and how.

every context

**ŤŤŤŤ** 

Co-produced as much as possible.

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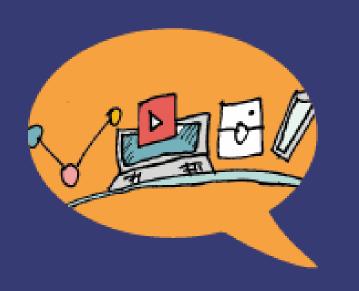


Formative rather than summative.





## Evaluation of Time to Talk Next Steps



Time to Talk Next steps Celebration www.ndti.org.uk In July 2021, the evaluation team at NDTi worked with

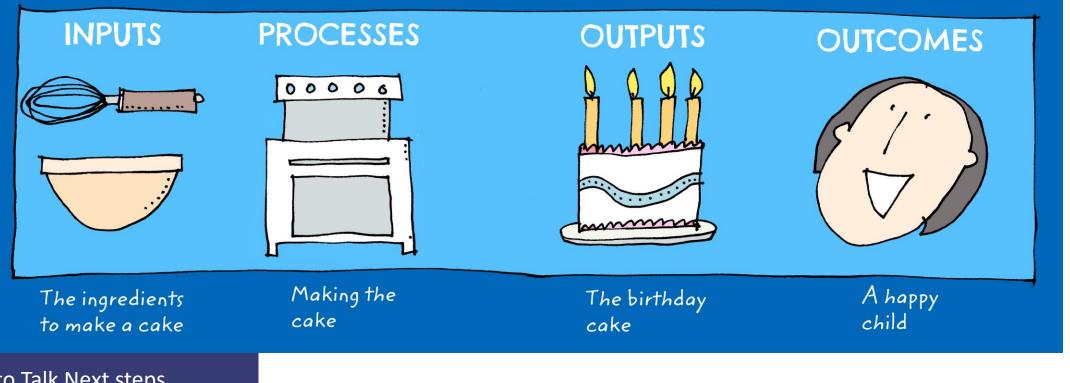
- those delivering the Time to Talk Next Steps
- the funder (the National Lottery Community Fund)
- young people, and
- family carers

To create a Vision for Change and Outcomes Framework for Time to Talk Next Steps,





### The change = The Outcome!







# Five layers of evidence



# Vision for Change

#### Vision for Change

#### VISION

Young people aged 16–25 with additional needs, their parents/ carers, and the professionals who support them are connected and less socially isolated, confident, and aspirational for their futures.

#### What are we going to do and how?

#### Time to Talk Next Steps will offer

#### Young people:

- 1:1 online support
- Peer support
- Train the Trainer sessions

#### Families:

- Links and signposting to support
- A direct link to Contact family support service
- Workshops

#### Professionals:

#### Training

Access to online Community of Practice

#### What will change? (outcomes)

- Young people experience lower levels of anxiety and social isolation.
- Young people experience increased confidence, self-worth, and aspirations.
- Young people have greater opportunities to access education and/or employment, support services and organisations.
- 4. Young people experience improved family relationships.
- Young people influence TtTNS, professionals, services, and organisations.
- 6. Family members experience lower levels of anxiety and stress
- Family members experience higher levels of confidence to overcome barriers they and their young person face.
- Family members have heightened aspirations for their young people due to an increased awareness of their rights and options.
- Family members feel supported, knowledgeable, and confident to support their young person to move into adult life.
- Family members experience improved family relationships and increased well-being.
- Professionals experience an increase in confidence around supporting young people with additional needs.
- 12. Professionals have the knowledge, tools and techniques to support young people in a person-centred way to build their emotional resilience and mental health.

Young people aged 16-25 with additional needs and their families/carers are socially isolated, lacking in confidence and have low aspirations for their futures due to COVID-19.



- Young people with additional needs have experienced high levels of anxiety and social isolation due to COVID-19.
- Young people have limited aspirations and plans for next steps after education.
- Family's/carers of young people with additional needs have felt less confident and more isolated due to COVID-19.
- Professionals have found engaging with and supporting young people with additional needs difficult during COVID-19 due to the lack of services available.

Impact

Increased

Higher

confidence

Less anxious

Less isolated

well-being

Positive family

knowledge

relationships

Improved

Increased





### How we collected evidence in Year 1



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#### **From Young People**

- Request for support forms
- Post 1:1 survey (immediately and 3 months)
- Post 1:1 interview
- Change stories from delivery team
- Reflective journals
- End of year workshop

#### **From Parents/Carers**

- Online survey
- End of year workshops

#### **From practitioners**

- Pre and post training surveys
- Community of practice notes
- End of year workshop





### How the Young Evaluators became involved



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Idea to review the Vision for Change and Outcomes framework with young people as co-evaluators.

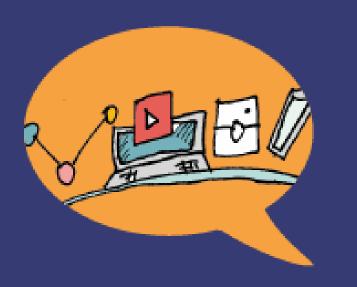
Vicky took this idea to the R&E team at NDTi and an offer, including training was developed.

Ruth, Ikra and Asher employed.





### What we did (1)



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Vicky and Lauren designed and delivered an Evaluation Training package



This training covered everything from how and why we do evaluation and ethics to different data collection tools and analysis.



Once the training was complete, different members of the team worked on different parts of the evaluation work





## How we collected evidence in Years 2 and 3



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#### From Young People

- Request for support forms
- In session survey
- Post 1:1 survey or interview
- Focus groups
- Facebook
- Residentials

#### **From Parents/Carers**

- Online survey
- Interviews
- Feedback from Contact
- Residentials

#### **From practitioners**

- Training sign up forms
- Post training surveys





### Discussion







#### What we learnt



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### You need

- Flexible funding
- Time
- Confidence
- To be inquisitive and engaged
- The ability to acknowledge what you don't know
- Willing to share and learn from each other







# Any questions?



Top 5 tips for coproducing evaluation



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Make sure you have the right level of funding



Make sure you have enough time



Have confidence



Ask questions



# What next ?



### Partners Make Time to Talk



We want to share this work with more people.

We are using the learning from delivery of Time to Talk Next Steps to develop a new project called Partners Make Time to Talk. We aim to provide support and training to partners across England.

If you like to work with us more please let us know on your feedback form for this session

For more information see our plans <u>here</u>



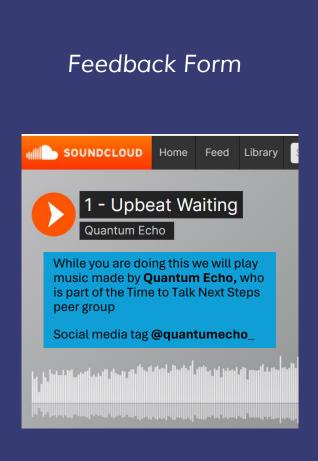
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# Thank you!

If you would like to know any more, please contact Vicky Mason-Angelow <u>Victoria.mason-Angelow@ndti.org.uk</u>

If you or the organisation you work for would like to know more about the Evaluation training NDTi offer, please follow this <u>LINK</u> or email Vicky (above)









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Please take a moment to fill in our feedback form by

- Scanning the QR code or
- Following this link: <u>https://forms.office.com/e/xyMcrVeXUX</u>

You can submit the form multiple times but please: only rate each session you attend once.

Our plans after this event....

Through a new project called Partners Make Time to Talk we plan to run training and mentoring for other organizations.For more information see our plans <u>here</u>If you'd like to work with us let us know on the feedback form.

