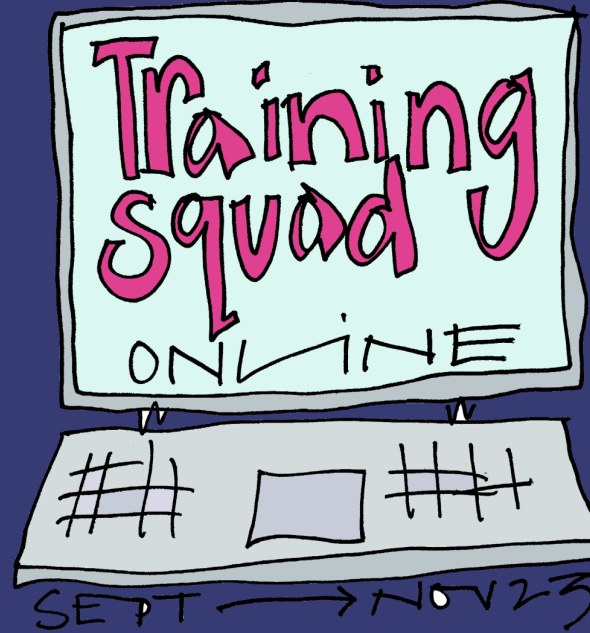


Time to Talk Next Steps Online Celebration

#TtTNSCelebration



WELCOME



Jon Ralphs, Associate, NDTi
Robert, Ikra, Tanzie, Eve, Young People



1



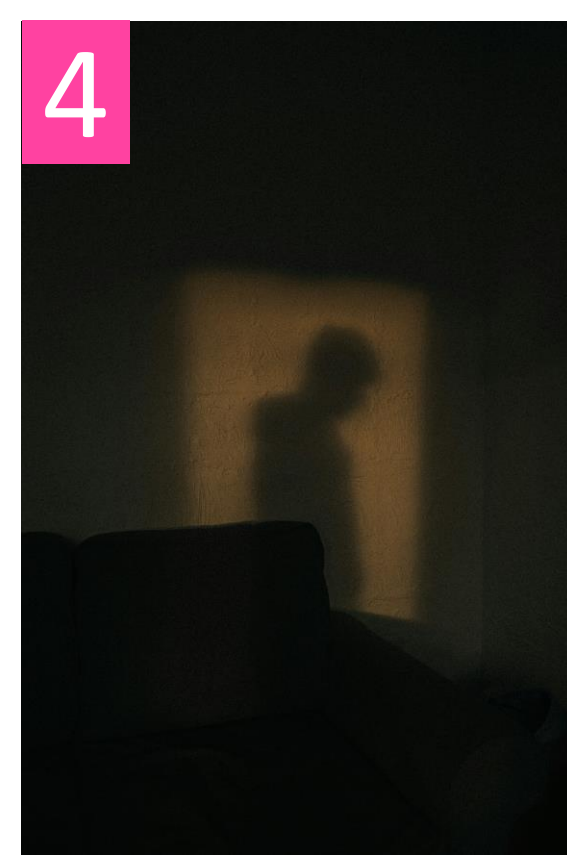
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3



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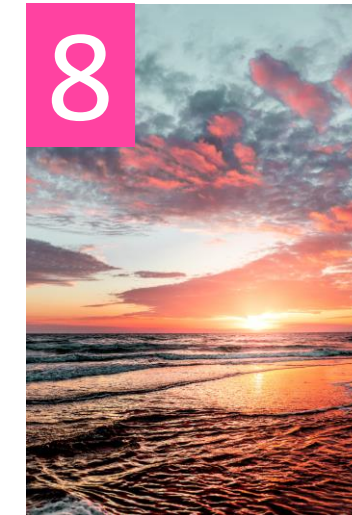
5



7



8



6



9



**Put your name into chat
and say which numbered image
sums up how you're feeling today.**

Recording



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The session will be 1 hour long

- We will start with introductions
- Then we will share information about our work
- At the end we will answer questions

If we don't have time to answer your questions we will come back to you after the session with the answers.

This session will be recorded and shared with the public.

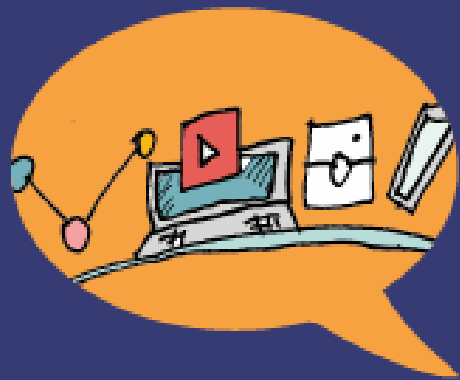
Just the presentations will be recorded.

The question time following the presentations will not be recorded however some questions may be noted down anonymously and added to the transcript for others to learn from.

The recording will be edited to our greatest ability so that there are no videos or names of participants shown when it is published to the public.

Please help us keep your personal information safe by staying on mute during the presentations.





Please put your name and your interest in this session in the chat



Put your questions in the chat or you can ask them at the end



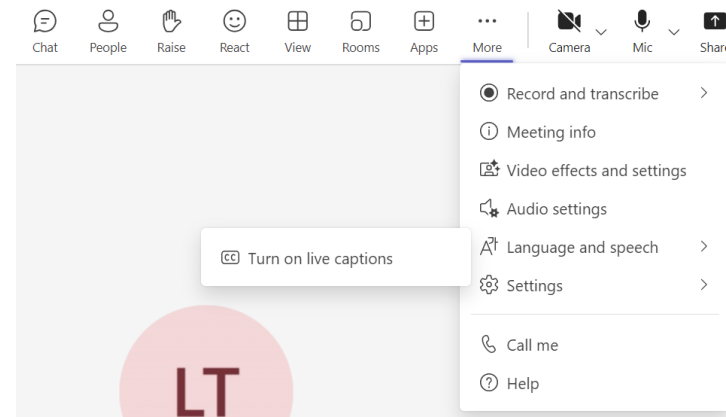
You can keep your camera on, or have it turned off – we'd love it if you can give us a wave 😊



Please keep your microphone on mute while people are presenting

If you want to turn on automatic captioning, you can do this by:

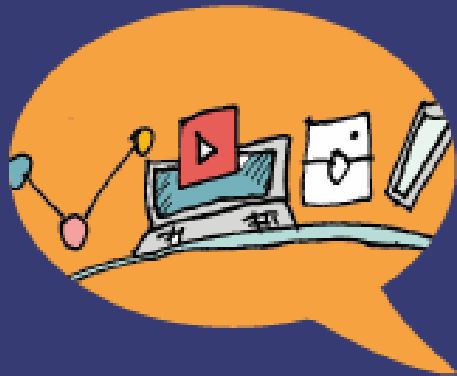
Teams



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Time to Talk Next Steps



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Time to Talk Next Steps is a rights-based support programme for young people with additional needs aged 16 – 25 and their family/carers (in England)

NDTi has run this programme **in partnership with Contact**, a national organization which provides support, information and advice to parents and carers (www.contact.org.uk)



The programme has run for 3 years (2021-2024) and been funded by the **National Lottery Community Fund**.

Young people, family/carers staff and associates are running online sessions this week to celebrate, share learning and give examples of how Time to Talk Next Steps has enabled young people and their family/carers to

- Build confidence and learn new things
- Have their voices heard
- Meet other people facing similar challenges
- Move forward in their lives



National Development Team for Inclusion (NDTi)



www.ndti.org.uk

We are a not-for-profit organisation working to enable people at risk of exclusion, due to age or disability, to live the life they choose.

Our work aims to drive inclusion by:

- enabling people's voices to be heard
- coproducing programmes & resources which celebrate what's possible
- supporting changemakers & building self-determination

[Time to Talk Next Steps](#) has been run by the Children and Young Peoples Team at NDTi

Other work includes and [Preparation for Adulthood Internships Work \(Employment\)](#)



4 + 1

We started with a co-produced review of previous training session



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What have we tried

- it was young person led supported by Jon and Barry
- our video calls preparing involved talking and discussing ideas
- we did a range of 40 minutes max calls to prepare...
- we didn't over rehearse
- Tried to share our strengths and share our own thoughts / stories about resilience.
- recorded video and audio
- Used music
- mentee meter — word cloud — live in the workshop
- We used zoom to meet up to prepare for the workshop.
- People did some work and prep outside of the group 40 minute meetings on zoom. Such as, shared some written work, Eric produced some music, Jon and James met up to record James's film.
- We did a practice run with some other folks from NDTi watching.
- the practice run also included TiTNS folks to

What have we learnt

- When we have a lot of people sharing lots of ideas it would be good to have a place / way of holding these ideas. A place to store the information.
- The chaotic nature of the group meetings worked — even though we didn't know who was going to be there.
- We can use technology to our advantage — using zoom , etc.
- Learning to trust people's skills — and use people's skills and passions and support them.
- Jon and Barry to sit back to let others lead the conversations and the workshop
- It was helpful to do a practice run. It helped to 'make it real' and helpful to have a few people to watch....

4+1 review of
resilience workshop
Time to Talk trainers

What are we pleased about

- Mentee supported audience interaction
- one practice run into the workshop seemed to help us keep the freshness and vitality
- the practice run helped us to iron out any kinks in the process
- it was owned by young people,
- we used people's strengths
- It was created by a number of young people not just one — it involved 6 people and not just one person talking. Everyone was involved.
- It went very well. I was pleased about the whole process
- power was shared amongst the young people
- pleased it happened
- pleased with the technical support from Thomas
- we did a lot of exploring of what we might like to do before making decision

What are our concerns

- Some ideas got rehashed and some ideas got forgotten in our prep meetings.
- Concerns / learning from Jon - was also working leading up to the session — created a little bit of stress. Also meant the group could support.
- Some people in the group really like clarity and all the information that is available.
- no concerns from one person
- The screen delay and the closed captions in zoom doesn't always work as well as it could do.
- The organisers platform was new and some people didn't find it easy to use. A few people were worried as a result of the platform. (AMc is going to feed this back to the organisers)
- It wasn't ideal to have a title for the workshop already set for us — without us. We were flexible and responded well.

WHERE TO START?



WHY DO YOU WANT TO TRAIN PROFESSIONALS?



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45 minutes
On Zoom
Every two weeks
Thursdays 5-5.45pm



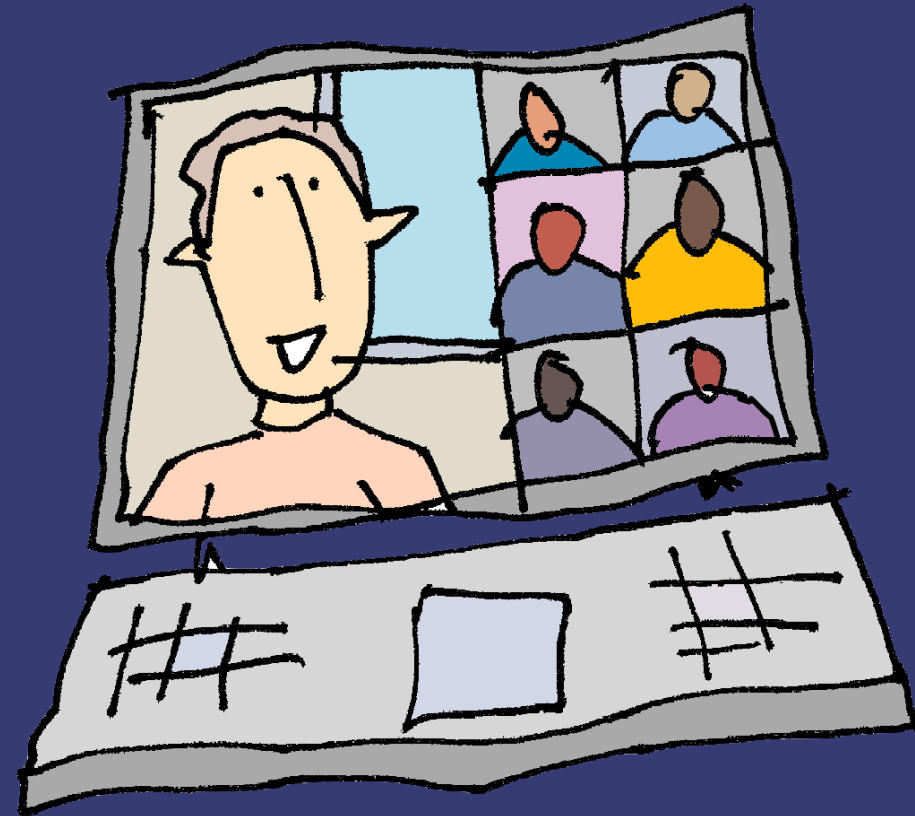
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Why does Zoom give
you 40 minutes free
online time?



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WHY DO YOU WANT TO TRAIN PRACTITIONERS?

Desire paths



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WHY DO YOU WANT TO TRAIN PRACTITIONERS?

1

Practitioners you need to start with values

2

Practitioners you need to see us as a young person first

3

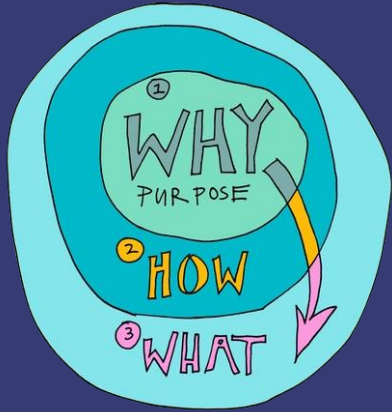
Practitioners you need to listen and help us make our own decisions

4

Practitioners don't judge but are curious about our behaviours and find ways to understand and help us



Note taking



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Any other

OTHERS WHAT's

- Ruby's Procreate picture for background to Powerpoint presentation
- 30 second song to guess the theme of the segment of the training session - its an introduction to each WHY.

Professionals you need to start with values

- to understand how they treat us in classrooms
- share how professionals can be really helpful and nice (to care and not just teach)
- so they can be more caring and understanding

HOW

What are values? What are your values at work? How do you use your values when working with young people?

(Perhaps we need to say something about the values we would expect as young people)

WHAT

-
- We start by asking professionals
- These are our values (we write them down before the training) a quality that matters to us
- Barry's is Honesty, Listening and be Listened to
- Jons is Kindness
- Eve Understanding (not everyone understands what I mean understanding)
- We need to ask TQ what values they have.
- What are values - they give us strength
- See if they match

What are the values that really matter to you.

When I'm working with professionals I like it when...

When I'm talking with my boss I like it when... (we want people to treat us in the same way they would like to be treated)



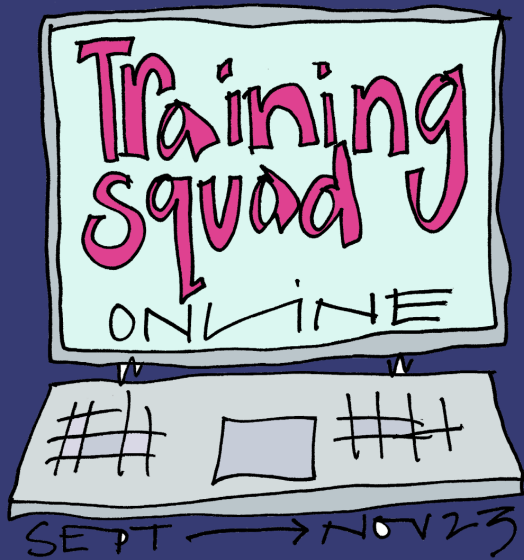
Session plan



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Session one: Professionals you need to start with values				
Time	What	Outcome	Who	Notes
0	Music	We are playing music when people come online		Eve to let us know the music and Jon / Barry to stream it - but happy for anyone if they have an idea (or we could ask Eric if we can use some of his music)
5	Welcome	We say welcome and ask a question for people to put in the chat		We need to think of a question (a different one for each session would be good)
15	What are values?			People put their ideas into chat and we can read them out. We think Values give you strength
25	What values really matter to you?	People will have recorder there values		We ask the question then show the link to the online way to record we have used https://www.mentimeter.com/
30	Are they the same as our?	We look out our values and the values of		we need a powerpoint slide with our values on: We need to ask the group what values matter to them we have so far : Understanding caring
35	This is what we would like:	Professionals see what values we like		When I'm working with professionals I like it when they... we have a powerpoint slide with this and then add a picture or word (happy kind)
40	What one value are you going to focus on the next time you meet with young people?	Professionals say what values they are going to focus on when they meet young people.		
45	Close	People know we have finished		We have a powerpoint slide saying who has done what and how to find out more information.

Training sessions



- Four sessions
- 45 minutes
- Online - Zoom
- 5-5.45pm



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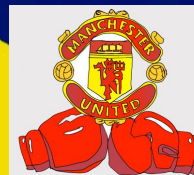
PROFESSIONALS YOU NEED TO...
PRACTITONERS YOU NEED TO...
YOU NEED TO...



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You need to
start with
values

Time to talk next steps: Training squad: session one



Training squad members today are:



Eve



Ikra



Robert



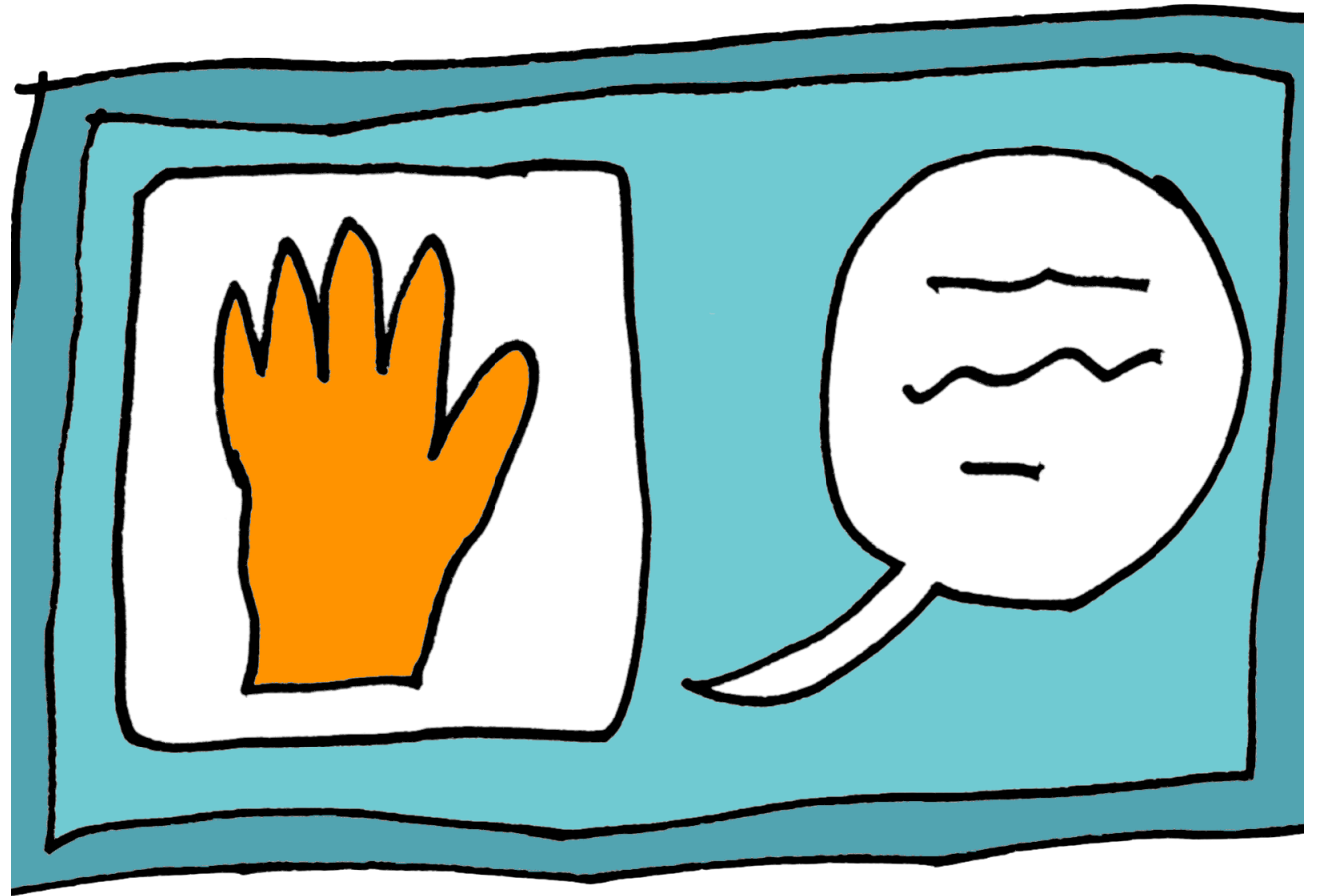
Tanzie



Welcome

In chat can you type:

- Your preferred name
- What do you do?
- Where are you from?



Support Available for Young People

Depending on what each young person wants and needs, there are various types of support available:



One-to-One Online Sessions with a supporter to discuss future plans

Training Opportunities to become a peer supporter or to deliver training for professionals

Peer Support to regularly link up with other young people

Useful Contacts & Networks in your area

Request support through NDTi's website:
ndti.org.uk/projects/time-to-talk-next-steps



TtTNS Training Squad think values give you strength.



What values really matter to you?

<https://www.menti.com/alpy7ehhwwxy>



Are they the same as ours?

(Or any young person you support)

- Understanding
- Caring
- Non-judgemental
- Supportive – doing things together
- Acceptance
- Teamwork
- Trying your best



When I'm working with professionals I like it when they...

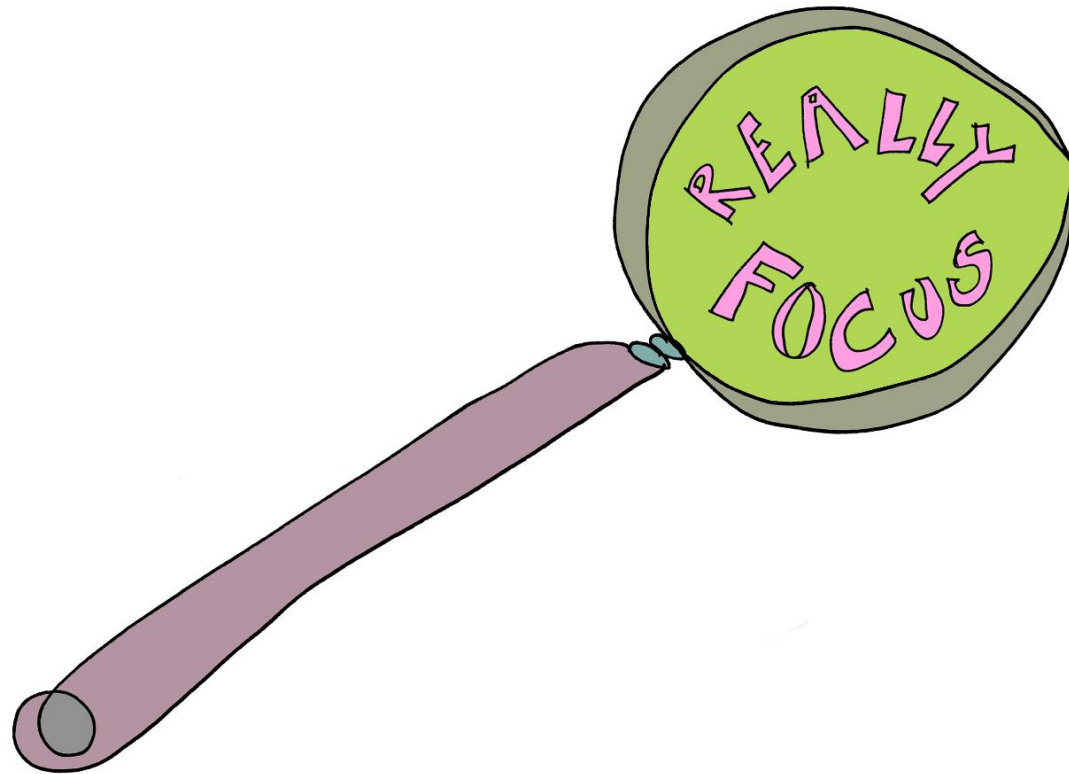
...Turn up on time – the earlier the better. I do like people being early it makes me trust them more.

...Approachable, especially when it comes to asking for help, advice or questions.

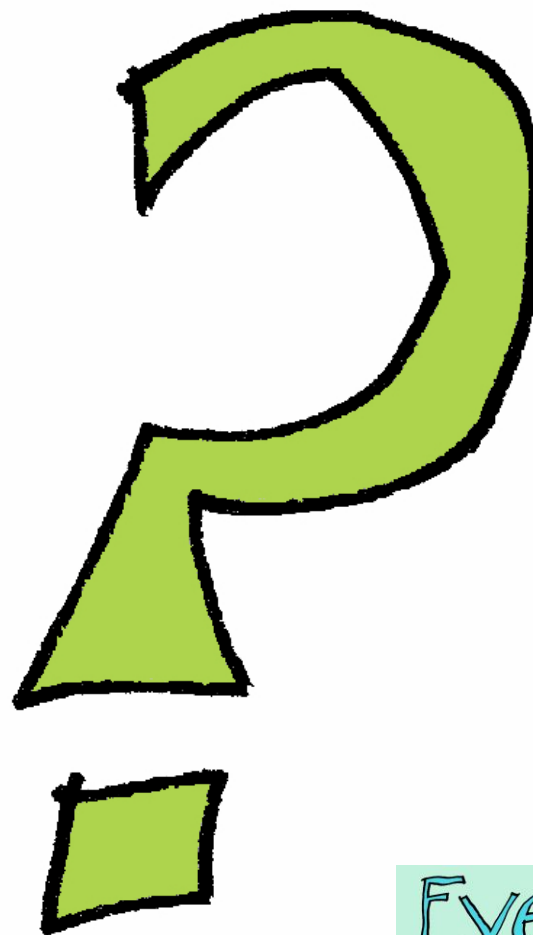
...are openminded, can see things from my side, the professional and in-between as well. Or in simple terms, from both angles.



What one value are you going to focus on the next time you meet with young people?



Any questions



What one thing are you taking away from the training today?

<https://www.menti.com/alpy7ehhwwxy>



Thank you and good bye from Eve, Ikra, Robert Tanzie

- And a BIG thank you to training squad members not here today:
- Ruby for the procreate drawing on the title page
- James G for his matter-a-fact approach
- Johnnie for being such a cool dude





You need to listen and help us make our own decisions



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Ikra's Decision Making Profile

HOW I LIKE TO GET INFORMATION	HOW TO PRESENT CHOICES TO ME	WAYS YOU CAN HELP ME UNDERSTAND	THE BEST TIME FOR ME TO MAKE DECISIONS	THE WORST TIME FOR ME TO MAKE DECISIONS
<p>I like it when people talk with me.</p> <p>I like written information by email.</p> <p>I also like information by audio - WhatsApp voice message.</p>	<p>I like people to speak with me.</p> <p>Share the information by email or voice message.</p> <p>So I can read or listen to the information as many times as I want.</p>	<p>Give me the information.</p> <p>Give me time to process everything.</p> <p>Then come back to me and ask me what I think about it so I can make a decision.</p>	<p>When I've had two cups of coffee!</p> <p>In the middle of the day.</p>	<p>Not when I'm too tired.</p> <p>Not in the morning or evening.</p> <p>When something difficult / bad is happening in my life.</p>



You need to listen and help us make our own decisions



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Eve's Decision Making Profile

HOW I LIKE TO GET INFORMATION	HOW TO PRESENT CHOICES TO ME	WAYS YOU CAN HELP ME UNDERSTAND	THE BEST TIME FOR ME TO MAKE DECISIONS	THE WORST TIME FOR ME TO MAKE DECISIONS
I like to get information in a number of ways. Don't just think about one. I like to talk with people, read books and use the internet.	When you are presenting choices can we use the spoken word. Also can I have a written copy about the choices I need to make so I can read about it when you've gone.	I'm a really deep thinker so can you take it slowly and allow time for me to think about what you've said.	When I am happy, my smile can give it away. Or first thing in the morning when I have most of my energy.	When I am tired or have a lot on my mind.

TOP TIPS

We used young people's
super strengths



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TOP TIPS

Jon & Barry relaxed chat with young people 'don't rush it'

Alice focused about the outcome 'we need to deliver training'



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TOP TIPS

Practice and then
practice 'live' with a
Trusted group.
Especially links and
screen sharing



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**PANIC
PANTS**

TOP TIPS

Roles in the training session (But anyone can chip in)

- Main lead and Co-lead
- Person that will read the comments in the chat after activity
- Person that will read the information on the Mentimeter
- Person to watch for 'hands' being put up for questions
- Person keeping an eye on the chat



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TOP TIPS

- Personal follow up and thank you to trainers after the session
- Two supporters for the trainers when designing / practicing
- Its ok to develop a conversational style
- Some don't stick to the rules and some really need the structure
- Pay people



Any questions?



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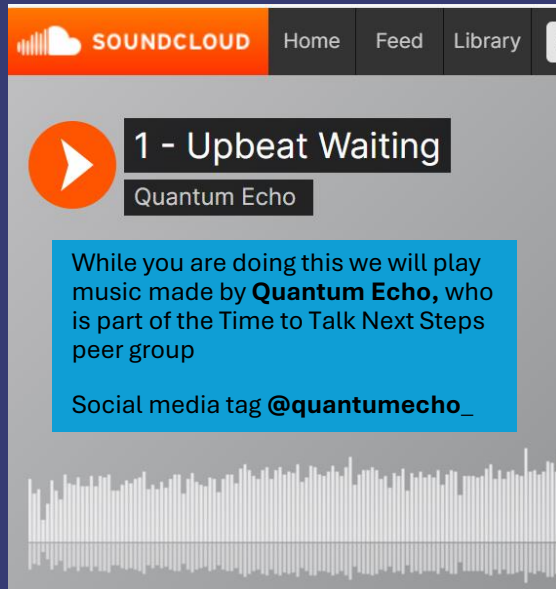


**We travel in the
directions of the
questions we ask.**
Margaret Wheatley

Photo by [Matt Walsh](#) on [Unsplash](#)



Feedback Form



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Please take a moment to fill in our **feedback form** by

- Scanning the QR code or
- Following this link: <https://forms.office.com/e/xyMcrVeXUX>

You can submit the form multiple times but please:
only rate each session you attend once.

Our plans after this event....

Through a new project called Partners Make Time to Talk we plan to run training and mentoring for other organizations.

For more information see our plans [here](#)

If you'd like to work with us let us know on the feedback form.





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